

Lincolnwood Jewish Congregation AG Beth Israel Bulletin

עַם יִשְׂרָאֵל חַי



September-October 2025 Issue 5

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Rabbi: Yehuda Meyers

Rabbi Emeritus: Joel Lehrfield, PhD

LJCAGBI Bulletin

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(6-7 issues per year)

Lincolnwood Jewish Congregation
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www.ljcagbi.org

Rabbi Meyers' Message

This is the time of year when so many of us are tuned in to the Judaism channel.

We're getting ready for the High Holidays; spiritually, emotionally, and logistically. We're purchasing our seats, renewing our memberships. We're buying new ties, new dresses, new suits. We're reviewing recipes, mapping out meals, planning menus. It's a lot.

And all of that effort, all of that preparation, is more than just habit. It's a demonstration; a powerful sign of how deeply our Judaism matters to us.

And that's amazing. It really is.

But this year, I want to make a small request.

Come one more day.

Come to shul one more day than you usually do.

If you usually come for Rosh Hashanah and Yom Kippur, add a day of Sukkot. Sit in the Sukkah, shake a Lulav, have a L'chaim.

Come for Shemini Atzeret, for our communal Yizkor for October 7th. This is our generation's "never forget". It is frightening how important this Yizkor is in a world that seeks once again to deny and devalue Jewish blood.

Come for Simchat Torah, when we sing and dance and celebrate with the Torah. Being Jewish is not just about mourning

Rabbi Meyers' Message—continued on page 4

President's Perspective

We have lived through another 3 weeks, another Tish'a B'Av, and once again we are in Elul - preparing to greet the "King in the Field." How do we react? Is this simply routine - 3 weeks over, 7 weeks to Rosh Hashanah, see you then; or is this an opportunity to rise above the routine and find a way in our tradition to grow?



Our calendar is designed to help us along, season by season, to ever higher heights. And we have opportunities every week to learn more, pray more. Come to minyan - men and women! Monday nights and Tuesday nights after Maariv Rabbi leads shiurim. And for men the Thursday night Mishmar continues. Rabbi leads Q and A's ahead of holidays and commemoration/memorial days, as well as periodic lunch and learn sessions.

Opportunities abound for us, following the leadership of our Rabbi and our Board. A new year is just around the corner. It is up to us to rise up to meet the new year.

Come to shul! Come for Shabbat, come during the week. Come for Selichot. Come for the learning. Come for kiddush and discover the learning is both formal and various forms of informal.

Shana Tova u'Metuka, l'shana tova tikateivu v'tehateimu!

Daniel Gutstein
President

YOMIM NORA'IM & SUKKOT QUESTIONS & ANSWERS

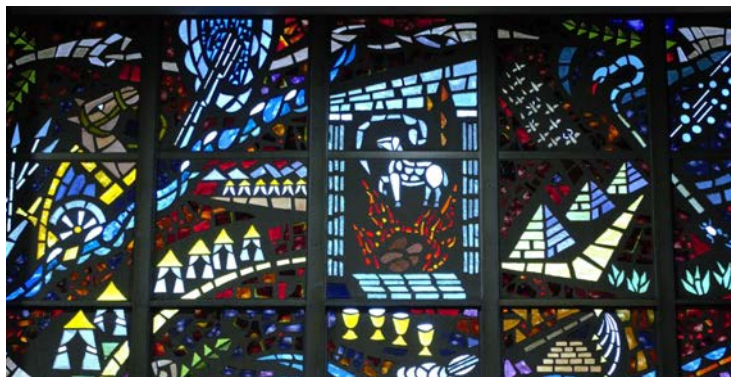
WE KNOW THE HOLIDAY SEASON IS EXHAUSTING!
JOIN US FOR TWO PRE-YOM TOV QUESTIONS & ANSWERS:

1. SHABBAT MORNING PARSHAT KI TEITZEI, SEPT. 6 - ROSH HASHANAH & YOM KIPPUR Q&A
2. SHABBAT MORNING PARSHAT HA'AZINU, OCT. 4 - SUKKOT Q & A

SEND QUESTIONS IN ADVANCE TO RABBI@LJCAGBI.ORG.

Sponsorship opportunity available
Please contact the Shul office





Announcements

Mazal Tov

To Bobbie Fink on the birth of a great-granddaughter, Aster Leeds Kurasch, born to Erin & Kevin Kurasch and to great aunt & uncle, Paula & Carl Resnick

To Miriam & Steve Kramer on the birth of a granddaughter, born to Rabbi Wesley & Sarah (Kramer) Slater & to great-grandmother Gloria Hyman, wife of the late Paul Hyman

To Anna & Myron Moscovitch on the bar mitzvah of grandson Alexander Bersson

To Lynn & Marty Schraga on the birth of twin grandsons, Dylan Itzhak & Lev Gedalia, born to Abbe & Aaron Schraga, and a granddaughter, Blake Rivka born to Stephanie & Jake DiPietro

Refuah Shelema

Berta Kalman

Condolences to the family of

Martin Ellenby

Carolyn Greenstein

Charles Levy

Alvin Pearl

Lauren Shepard

Delores Zemsky

Please note that this bulletin is online at

www.ljcagbi.org

To print calendars, flyers or order forms, go to the bulletin page needed, and print the page(s) you would like. Perfect for refrigerator door decor.

or feeling guilt. Joy and celebration are a crucial part of Judaism. Being Jewish is *Geshmak*. Simchat Torah is the day to feel it.

Come for a Shabbat. Any Shabbat. We have an enjoyable and meaningful time every single week in shul — with davening, with Torah, with each other, and of course with good food.

Already a Shabbat and Yom Tov regular? Come during the week. The shul is open seven days a week. Plenty of minyanim to attend, pick one.

Join one of our many learning programs available on a regular basis. Mishmar, FAB Shiurim and more. There are so many opportunities to increase your participation.

And if you already do ALL of that, maybe this is the year you bring someone else along.

Because the Chagim aren't just about showing up once a year and calling it good. They're about movement and growth. A sense that our Judaism is alive. Not stuck. Not passive. Not something we check in on a few days a year.

Teshuva doesn't mean reinventing yourself from scratch. It means returning. Drawing a little closer. And sometimes that begins with just one more step.

So this year, take that one step. Not for anyone else. Not for a checklist. Just for you. To remind yourself that your Judaism is still growing. Still moving forward. Still yours.

Wishing you and your family a sweet, healthy, and meaningful new year.
Shanah Tovah.



**PRE- ROSH HASHANAH
CHALLAH BAKE**

**JOIN REBBETZIN MARTHA
TO MAKE HOLIDAY THEMED
ROUND CHALLAHS FOR
YOUR ROSH HASHANAH
TABLE!**

**TUESDAY NIGHT
SEP. 16 @ 8PM**

@ THE SHUL

**PLEASE RSVP WITH
THE SHUL OFFICE
BY SUNDAY, SEP. 14**





September-October 2025 Calendar of Events

Sunday, September 1	Labor Day
Wednesday, September 17	Board Meeting
Monday, September 22	Erev Rosh Hashana
Tuesday, September 23	Rosh Hashana- Day 1
Wednesday, September 24	Rosh Hashana- Day 2
Thursday, September 25	Fast of Gedalyah
Wednesday, October 1	Erev Yom Kippur
Thursday, October 2	Yom Kippur
Monday, October 6	Erev Sukkot
Tuesday, October 7	Sukkot- Day 1
Wednesday, October 8	Sukkot- Day 2
Thursday, October 9 -	
Sunday, October 12	Chol Hamoed - Sukkot
Monday, October 13	Hoshana Rabbah
Tuesday, October 14	Shemini Atzeret
Wednesday, October 15	Simchat Torah
Wednesday, October 22	Rosh Chodesh Cheshvan- Day 1
Thursday, October 23	Rosh Chodesh Cheshvan- Day 2





REFLECTIONS ON

TESHUVA

Parshat Nitzavim
Shabbat Morning, September 20
Guest Speaker: Rabbi Daniel Freund



Schedule for Services &

SEPTEMBER 2025/ELUL 5785-TISHREI 5786

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
	1 S: 8:30am M/M: 7:05pm	2 S: 7:00am M/M: 7:05pm	3 S: 7:00am M/M: 7:05pm	4 S: 7:00am M/M: 7:05pm	5 S: 7:00am CL: 6:58pm M/M: 7:00pm	6 KI SEITZEI S: 9:15am M/M: 6:50pm H: 7:56pm
7 S: 8:30am M/M: 6:55pm	8 S: 7:00am M/M: 6:55pm	9 S: 7:00am M/M: 6:55pm	10 S: 7:00am M/M: 6:55pm	11 S: 7:00am M/M: 6:55pm	12 S: 7:00am CL: 6:46pm M/M: 6:50pm	13 KI SAVO S: 9:15am M/M: 6:40pm H: 7:44pm
14 S: 8:30 am M/M: 6:45pm	15 S: 6:50am M/M: 6:45pm	16 S: 6:50am M/M: 6:45pm	17 S: 6:50am M/M: 6:45pm	18 S: 6:50am M/M: 6:45pm	19 S: 6:50am CL: 6:34pm M/M: 6:35pm	20 NITZAVIM S: 9:15am M/M: 6:25pm H: 7:32pm
21 S: 8:30am M/M: 6:35pm	22 EREV ROSH HASHANA S: 6:50am CL: 6:29pm M/M: 6:35pm	23 ROSH HASHANA- Day 1 S: 8:45am M/M: 6:25pm CL: after 7:27pm	24 ROSH HASHANA- Day 2 S: 8:45am M/M: 6:25pm H: 7:26pm	25 TZOM GEDALYAH Fast begins: 5:14am S: 6:50am M/M: 6:15pm Fast ends: 7:10pm	26 S: 6:50am CL: 6:22pm M/M: 6:25pm	27 VAYELECH S: 9:15am M/M: 6:15pm H: 7:21pm
28 S: 8:30am M/M: 6:20pm	29 S: 6:50am M/M: 6:20pm	30 S: 6:50am M/M: 6:20pm				KEY: S - Shacharit M - Maariv M/M - Mincha/Maariv CL - Candle Lighting H – Havdalah

Minyan times are subject to change. To confirm minyan time please check the shul website under the worship services tab or call/text Paul Kramer at 312.343.2200.

Please get your articles in for the shul bulletin

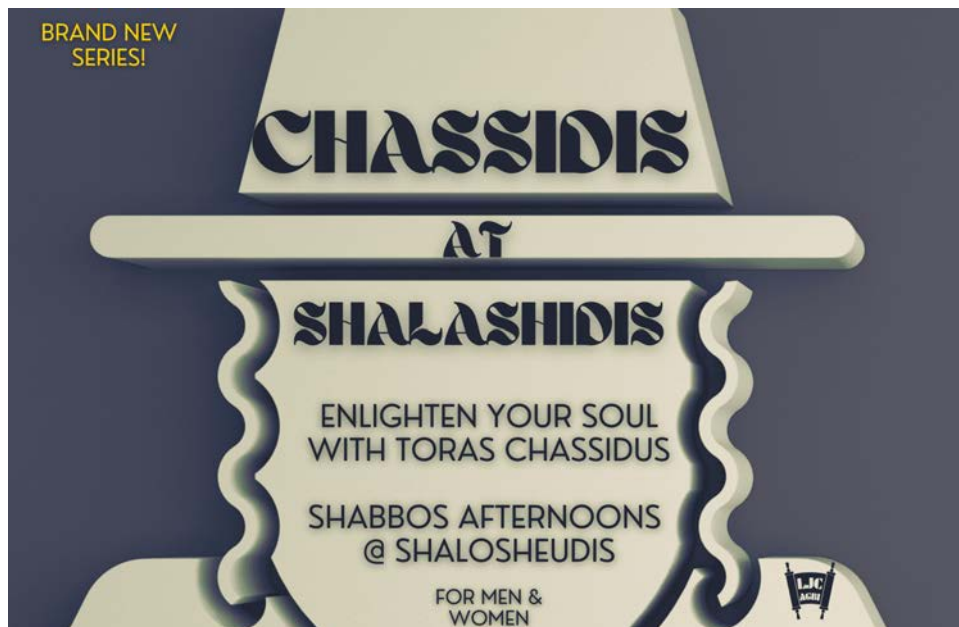
If you have a program, announcement or event, please get your information to the Shul *Bulletin* so everyone will know about it! Send your electronic submissions to the editor at: bulletin@ljcagbi.org or submit a hard copy to the Shul office before the deadline, **November-December 2025 issue, Monday, October 20, 2025**. All material is subject to approval by the editor and may be modified for space or content. Inserts must also be approved by the editor before inclusion in the *Bulletin*. Please email bulletin@ljcagbi.org for further details.

Candlelighting Times

OCTOBER 2025/TISHREI-CHESHVAN 5786						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
			1 EREV YOM KIPPUR S: 7:00am Mincha: 2:00pm CL & Fast Begins: 6:14pm Kol Nidre: 6:20pm	2 YOM KIPPUR S: 9:00am Mincha: 4:45pm Neila: 6:00pm Havdalah/Fast Ends: 7:11pm	3 S: 6:55am CL: 6:10pm M/M: 6:15pm	4 HAAZINU S: 9:15am M/M: 6:00pm H: 7:09pm
5 S: 8:30am M/M: 6:10pm	6 EREV SUKKOT S: 7:00am CL: 6:05pm M/M: 6:10pm	7 SUKKOT- Day 1 S: 7:00am CL: after 7:03pm M/M: 6:05pm	8 SUKKOT- Day 2 S: 7:00am M/M: 6:05pm H: 7:02pm	9 CHOL HAMOED S: 7:00am M: 7:40pm	10 EREV SHABBAT CHOL HAMOED S: 7:00am CL: 5:59pm M/M: 6:05pm	11 SUKKOT-SHABBAT CHOL HAMOED S: 9:15am M/M: 5:49pm H: 6:57pm
12 CHOL HAMOED S: 8:30 am M/M: 6:00pm	13 CHOL HAMOED HOSHANA RABBA S: 7:00am CL: 5:54pm M/M: 6:00pm	14 SHEMINI ATZERET S: 9:15am CL: after 6:52pm M/M: 5:55pm	15 SIMCHAT TORAH S: 9:15am M/M: 5:55pm H: 6:50pm	16 S: 7:00am M: 7:40pm	17 S: 7:00am CL: 5:47pm M/M: 5:50pm	20 BERESHIT S: 9:15am M/M: 5:37pm H: 6:46pm
19 S: 8:30am M/M: 5:50pm	20 S: 7:00am M: 7:40pm	22 S: 7:00am M: 7:40pm	22 ROSH CHODESH CHESHVAN S: 7:00am M: 7:40pm	23 ROSH CHODESH CHESHVAN S: 7:00am M: 7:40pm	24 S: 7:00am CL: 5:37pm M/M: 5:40pm	25 NOACH S: 9:15am M/M: 5:27pm H: 6:36pm
26 S: 8:30am M/M: 5:40pm	27 S: 7:00am M: 7:40pm	28 S: 7:00am M: 7:40pm	29 S: 7:00am M: 7:40pm	30 S: 7:00am M: 7:40pm	31 S: 7:00am CL :5:28pm M/M: 5:30pm	KEY: S - Shacharit M - Maariv M/M - Mincha/Maariv CL - Candle Lighting H – Havdalah

Your presence is greatly needed: please attend

Lincolnwood Jewish Congregation A G Beth Israel, our Shul, has always maintained two daily minyanim for Shacharit and for Mincha/Maariv (or just Maariv during the winter months). It continues to be difficult to guarantee that 10 men will be present for davening. **Your help is urgently needed to ensure that a full minyan is present for everyone, especially those who have Yahrzeit or are in their year of mourning. Please attend whenever you are able.**



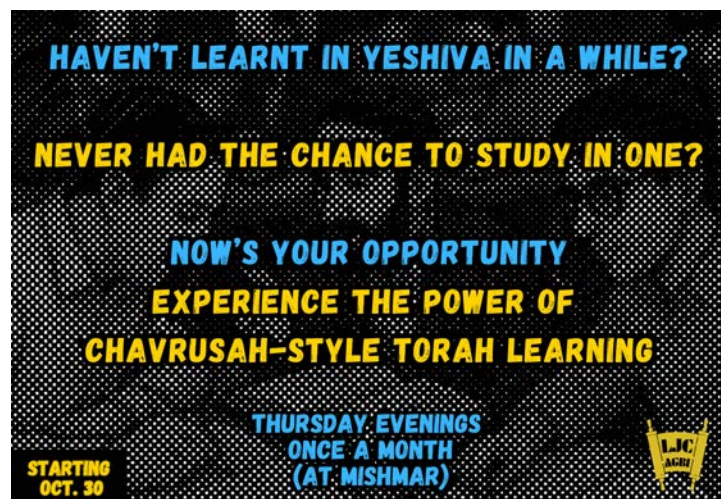
HIGH HOLIDAY BABYSITTING/ YOUTH ACTIVITIES

Babysitting will be offered in the playroom for children through age 5.

Hours will be 10am–12:30pm on both days of Rosh Hashanah and on Yom Kippur as well as during Kol Nidre and Neilah.

HIGH HOLIDAY PARKING NOTICE

Please do not use the parking lots of local businesses during the High Holidays, including the lot on Touhy. You could be towed away.





Sukkah Going Up

Join in the holiday spirit by helping to erect the congregation's Sukkah in the shul parking lot on Sunday, September 28, after minyan. Let Paul Kramer (312.242.2200) know if you plan to participate.

The World. Judaism. You.

Through the Lens of One
of the Greatest Jewish
Minds of the 20th Century

**STARTING
PARSHAT
NOACH
OCT. 25**

**SHABBAT 9
MORNINGS AM**

The Transformative Thought of Rabbi Joseph B. Soloveitchik

**JUST
15 MINUTES
BEFORE
DAVENING!**

ALL NEW!



Monthly Ladies Shiur
w/ *Rabbi Meyers*
After Kiddush, Shabbat Mornings



BEGINNING PARSHAT LECH LECHA, NOV. 1

Contact the Shul office to sponsor a week



Off the Subject

It was Rosh Hashanah morning, and the Rabbi noticed little Adam was staring up at the large plaque that hung in the foyer of the synagogue. It was covered with names, and small American flags were mounted on either side of it. The seven-year old had been staring at the plaque for some time, so the Rabbi walked up, stood beside the boy, and said quietly,

"Good morning, Adam."

"Good morning, Rabbi," replied the youngster, still focused on the plaque.

Finally, Adam asked, "Rabbi, what is this?"

"Well, it's a memorial to all the men and women who died in the service."

Soberly, they stood together, staring at the large plaque.

Adam's voice was barely audible when he asked: "Rosh Hashanah or Yom Kippur?"

Itzik worked at the main branch of the Jerusalem post office and on his shift in the sorting department he came across an unstamped, poorly hand-written envelope, addressed to "Hashem."

He opened it and discovered that it was from an elderly lady, Shifra Smadar, who was distressed because all her savings, \$200, has been stolen. Unless there's a miracle, she will be cold & hungry this Rosh Hashanah.

The letter struck a chord with Itzik who got the other postal workers together, and they came up with \$180 to donate to her. They sent it by special courier the next morning.

A week later, Itzik was again in the sorting department and he recognized the same handwriting on another envelope. He opened it:

"Dear Hashem:

Thank you for the \$180 for Rosh Hashanah. That was a real miracle!

P.S. It was \$20 short but that was probably the workers at the Post Office.



**Shabbat Morning
October 25
Parshat Noach**

**Rabbi Menachem
Rosenbaum**

Teacher, Community Scholar

Scholar-in-Residence

To sponsor please contact the shul office.



**THE PARSHA
IN COLOR
ON ZOOM!**

**THURSDAY NIGHTS
@ 7:45PM
STARTING OCTOBER 23**

*New Weekly
Women's Class*



Suggested Methods for Providing Contributions to our Shul

- * We now accept ZELLE payments for any and all contributions and payments on your account. Using ZELLE is the most cost-effective way to make a payment as no fees are applied. Use our email address for your payment: officeljc@att.net
- * Checks are always acceptable.
- * Credit card payments are accepted, however we must pay a processing fee.
- * Givebutter payments fees can be paid by you or us, however, please limit those payments to small charges for events as the fees are much higher than the other options.
- * Israel Bonds may be purchased for your payments as a double mitzvah. See below and Contact the office with information regarding your plans.
- * For those over the age of 70, we strongly suggest that you consider using your IRAs as the source of your funds. Contact your plan administrator to initiate your contribution. Also, contact the shul office to let them know to expect a payment from your plan.

How to Purchase Israel Bonds

Visit israelbonds.com to view the current interest rates and view valuable information regarding making purchases.

Setup an account at: <https://online.israelbonds.com/login>

Purchase suggestions:

For gifts and personal investments consider eMAZEL Savings bonds

\$36 minimum for a 5 year investment <5.40% thru 8/31/2025>

For contributions and payments to LJCAGBI consider eSHALOM Savings bonds

\$36 minimum for a 1 year investment

If you have questions and/or need help purchasing Israel Bonds contact:

Adam Grossman, Midwest Region Assistant Director

Development Corporation for Israel

adam.grossman@israelbonds.com

312.558.9410

**COME TO DAVEN
STAY FOR THE AFTER PARTY**

MISH
MONDAY NIGHT MACHSHAVA (~15 MIN.)

MISH MORE
TUESDAY NIGHT HILCHOT SHABBAT (~15 MIN.)

MISH MOST
THURSDAY NIGHT PARSHA+ (~45 MIN.)

AN EASY AND ENJOYABLE WAY TO UPLIFT
YOUR WEEK WITH TORAH LEARNING!

MON. , TUES., THURS. NIGHTS RIGHT AFTER MINCHA/MAARIV

Shabbat Shuva Drasha 5786

G-D DOESN'T FLINCH

Parshat Vayelech
Shabbat morning
September 27

To sponsor please contact the shul office



You're cordially invited to an Open Sukkah Brunch

Chol HaMoed
Sunday, October 12
10am-11am
@ the Meyers' Residence!

Looking forward to seeing you!

Martha, Yehuda,
Tzvi, Yedidya, Adira & Koby Meyers

A poster for a 'Steaks & Scotch' event. The background is a dark, textured surface, possibly wood or stone, with several pieces of cooked steak and a knife visible on the left side. The title 'Steaks & Scotch' is written in a large, elegant, yellow script font. Below the title, the event details are listed in a smaller, white, sans-serif font. At the bottom left, there is a small logo for 'LJC AGH'.

Steaks & Scotch

In the Sukkah
Chol Hamoed Sukkot
Thursday, October 9 @8pm
Cover charge \$25

Register @ ljcagbi.org/sukkahsteaks
Registration deadline Tuesday, September 30

LJC AGH

A poster for a 'Hoshanah Rabbah Mishmar' event. The background is a close-up of green leaves, likely from a lulav, with a soft, out-of-focus background. The title 'HOSHANAH RABBAH MISHMAR' is written in a large, white, bold, sans-serif font. Below the title, the event details are listed in a smaller, white, bold, sans-serif font. At the bottom right, there is a logo for 'LJC AGH'.HOSHANAH RABBAH
MISHMAR

SUNDAY NIGHT, OCTOBER 12 @ 8PM
IN THE SHUL SUKKAH

LJC AGH

THE SIMCHAT TORAH MASSACRE
OCTOBER 7
YAHRTZEIT COMMEMORATION



SPECIAL COMMUNAL YIZKOR
SHEMINI ATZERET MORNING
TUESDAY, OCTOBER 14

SIMCHAT TORAH @ LJC

**SIMCHAT TORAH HAKAFOT
NIGHT & DAY
OCT. 14 & 15**

**LEIBIDIC DANCING, SPECIAL SHIURIM
FOR WOMEN, TREATS FOR KIDS & MORE!**

Am Yisrael Chai!

In honor of the Yahrzeit and in memory of all those killed on October 7 we are making a Siyum on Sefer Yehoshua and Shoftim.

Please go to LJCAGBI.ORG/LEARNING-SIYUM to sign up to learn a chapter(s).

**Siyum Commemoration
@ Simchat Torah Lunch, Wed. Oct. 15**



WEDNESDAY, OCTOBER 15, 2025

Reservations are essential to attend.

Suggested donations to the Simchat Torah Luncheon Fund are \$100, but donations of any amount are appreciated. The monies collected are used for this luncheon and to offset costs for Shabbat Kiddushim throughout the year.

SIMCHAT TORAH LUNCHEON RESERVATION AND SPONSORSHIP

NAME _____ PHONE _____

NUMBER ATTENDING: ADULTS _____ CHILDREN _____ HIGH CHAIRS _____

____ I'M ATTENDING AND WILL BE A SPONSOR! ENCLOSED IS MY CHECK FOR \$100 OR \$ _____.

____ I'M NOT ABLE TO ATTEND BUT WOULD LIKE TO BE A SPONSOR! ENCLOSED IS MY CHECK FOR \$100 OR \$ _____

____ I'M NOT ABLE TO SPONSOR, BUT I WOULD LIKE TO ATTEND.

PLEASE SEND YOUR RESERVATION AND/OR CHECK PAYABLE TO LJCAGBI,
7117 N. CRAWFORD AVE, LINCOLNWOOD, IL 60712

THE DEADLINE FOR RESERVATIONS IS SUNDAY, OCTOBER 5th. NO EXCEPTIONS.

