

# Lincolnwood Jewish Congregation AG Beth Israel Bulletin

## עם ישראל חי



### Rabbi Meyers' Message

#### The Gift

A few years ago (2022, to be precise), we spoke about how our experience of receiving the Torah at Har Sinai has three components — the Giver, the Receiver, and the Gift.

We started with the Giver (G-d), focusing on deepening our relationship with G-d during these weeks of Sefira.

But this year I want to shift gears, to the gift itself, the Torah.

The Torah is not just a set of laws. It's not just a history book or a collection of beautiful ideas. The Torah is life. When we stood at Sinai, it wasn't just about hearing commandments. It was about receiving G-d's vision for what life could be, and an invitation to live it.

And yet, as central as the Torah is supposed to be in our lives, it is very easy to lose sight of its specialness. When something is always around — always present — we sometimes stop noticing it, we take it for granted.

Part of the work of these days leading up to Shavuot is to recapture our sense of wonder and appreciation. To fall in love with the Torah again (or maybe for the first time).

And like any relationship with something precious, that doesn't happen by accident. It takes effort. Intention. Thought.

I would like to suggest three simple ways we can help make that happen.

*Rabbi Meyers' Message—continued on page 4*

May-June 2025 Issue 3

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Rabbi: Yehuda Meyers

Rabbi Emeritus: Joel Lehrfield, PhD

#### LJCAGBI Bulletin

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Lincolnwood Jewish Congregation  
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Lincolnwood, Illinois 60712  
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[www.ljcagbi.org](http://www.ljcagbi.org)

## President's Perspective

What a great holiday we had! Some travel for Passover, some stay home. Some travel to our area and enhance our minyan with their presence. Anyone who missed the musical stylings of the Wall family at Hallel - come to minyan and pray you get another chance!



This brings us to the Omer. We count our days and attempt to make our days count (not an original line). We don't have much from the Torah to explain the minhagim that have come up over time, but there are customs of mourning that apply. In the modern age, we have added 4 observance dates during this season: Yom HaShoa v'haGevura; Yom HaZikaron; Yom HaAtzma'ut; and Yom Yerushalaim. Two of these days entail a look back, two are more celebratory and forward-looking.

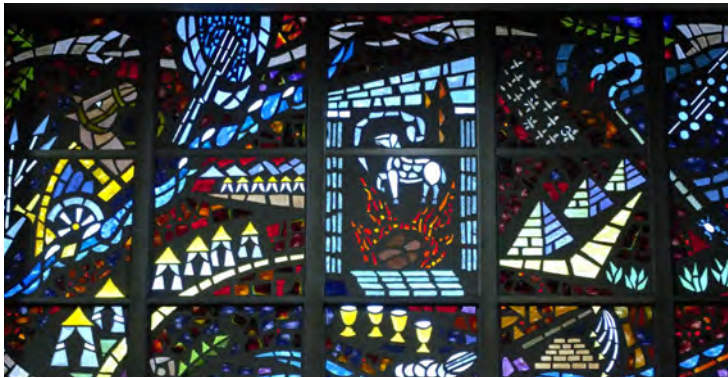
In other shul news, we are embarking on a new direction for our weekly Shabbat Kiddush. Sponsorship is always welcome, and additional hands on deck are also in demand.

Keep an eye on the weekly announcements and shul web site, [www.ljcagbi.org](http://www.ljcagbi.org), for information about upcoming events, and keep coming to shul. You are the lifeblood of our minyan, and we are your community.

Daniel Gutstein  
*President*

A colorful graphic for a Zoom event. The background is a collage of paintbrushes and open paint pots in various colors like red, blue, yellow, and orange. In the top left corner, there is a red rectangular box with the text 'NEW DAY AND TIME!' in white. The main text is centered and reads: 'PORTRAITS OF THE PARSHA' in large, bold, black letters with a white outline; 'ONLY ON ZOOM' in bold, black letters with a white outline; 'TUESDAY AFTERNOONS' in bold, black letters with a white outline; '@ 12:30PM' in bold, black letters with a white outline; 'MAY 6, 13' in bold, black letters with a white outline; and 'JUNE 10, 17, 24' in bold, black letters with a white outline. In the bottom right corner, there is a small circular logo with the letters 'LJC' and 'AGBI' below it.





## Condolences to the family of

Sheldon Kirshner

*father of Michael Kirshner*

Zelda Ettore

*mother of Mark Dym*

*grandmother of Ben Dym*

## Announcements

### Mazal Tov

To Helaine Ellenby on her special birthday

To Rabbi Mark & Chava Gutman on the birth of a granddaughter

To Rabbi Yehuda & Rebbetzin Martha Meyers on their 10<sup>th</sup> Wedding Anniversary

To Rabbi Yehuda & Rebbetzin Martha Meyers on the engagement of her brother, Abe Wall to Sari Yizhaky.

To Rabbi Greg & Rebbetzin Rona Wall on the engagement of their son, Abe Wall to Sari Yizhaky

### Refuah Shlema

Berta Kalman

Many thanks to Rabbi Meyers and all the women who helped me celebrate my birthday

*Helaine Ellenby*

Please note that this bulletin is online at

[www.ljcagbi.org](http://www.ljcagbi.org)

To print calendars, flyers or order forms, go to the bulletin page needed, and print the page(s) you would like. Perfect for refrigerator door decor.

## Please get your articles in for the shul bulletin

If you have a program, announcement or event, please get your information to the Shul *Bulletin* so everyone will know about it! Send your electronic submissions to the editor at: [bulletin@ljcagbi.org](mailto:bulletin@ljcagbi.org) or submit a hard copy to the Shul office before the deadline, **July-August 2025 issue, Friday, June 20, 2025**. All material is subject to approval by the editor and may be modified for space or content. Inserts must also be approved by the editor before inclusion in the *Bulletin*. Please email [bulletin@ljcagbi.org](mailto:bulletin@ljcagbi.org) for further details.

	<p><b>SHABBAT MEVORCHIM</b></p> <p><b>SCHOLAR IN RESIDENCE</b></p> <p><b>Shabbat morning,</b> <b>June 21</b> <b>Parshat Sh'lach</b></p>
<p><b>RABBI</b> <b>AHARON CARDASH</b></p> <p><b>COMMUNITY EDUCATOR, REACH</b></p>	 <p><b>Sponsorship opportunities available</b></p>

First, we can approach the Torah with fresh eyes. Quite literally, we can find something new — a sefer we've never opened, a mitzvah we've never fully explored. Ask questions we've never asked. Be curious again.

Another step is to think about how different life would be without the Torah. What would it feel like to live without the structure, without the meaning, without the sense of belonging the Torah provides?

Gratitude often comes not just from noticing what we have, but imagining what life would be like without it.

And finally, maybe the most powerful way to cherish the Torah is to share it.

Teach a short Torah thought to a friend. Start a conversation at your Shabbat table.

The Torah isn't meant to be held onto alone. It's a gift meant to be shared.

The countdown to Shavuot isn't just about days. It's about building ourselves up to stand at Har Sinai again — with a sense of awe, gratitude, and readiness to accept the most incredible gift we've ever been given.

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A vibrant yellow poster for a summer barbecue event. At the top, the text "JOIN LINCOLNWOOD JEWISH CONGREGATION A.G. BETH ISRAEL" is written in a curved path. Below this, the main title "SUMMER BAR-B-QUE AT THE PARK" is written in large, bold, black letters, also following a curved path. In the center, there is an illustration of a red charcoal grill with flames and a skewer of meat. To the left of the grill, the date "SUNDAY, JUNE 29 2025" is written, and to the right, the time "12:00 PM" is written. Below the grill, the word "Lunch" is written in a large, red, cursive font. Underneath "Lunch", the location "HAMLIN PARK (EAST OF CRAWFORD, NORTH OF HOWARD)" is written in bold black letters. Below the location, the text "BRING A CHAIR, AN APPETITE AND A FRIEND" and "AMPLE PARKING, PLAYGROUND AND SHELTER" are written in bold black letters. Below that, "RESERVATIONS ARE ESSENTIAL!!!" is written in bold black letters. At the bottom, a red wavy line separates the main yellow area from a dark red section. In the dark red section, the text "COME AND ENJOY THE PARTY! HOT DOGS/BURGERS AND VEGGIE ALTERNATIVES" is written in white, followed by "\$12 PP, CHILDREN FIVE AND UNDER FREE" in white. Below that, "CALL THE SHUL OFFICE BY JUNE 22 TO RESERVE YOUR SPOT--847.676.0491 OR" is written in white, and finally, "EMAIL: OFFICE@LJCAGBI.ORG" is written in white.

JOIN LINCOLNWOOD JEWISH CONGREGATION A.G. BETH ISRAEL

**SUMMER BAR-B-QUE AT THE PARK**

SUNDAY, JUNE 29  
2025

12:00 PM

*Lunch*

**HAMLIN PARK (EAST OF CRAWFORD, NORTH OF HOWARD)**

**BRING A CHAIR, AN APPETITE AND A FRIEND**  
**AMPLE PARKING, PLAYGROUND AND SHELTER**

**RESERVATIONS ARE ESSENTIAL!!!**

**COME AND ENJOY THE PARTY! HOT DOGS/BURGERS AND VEGGIE ALTERNATIVES**  
**\$12 PP, CHILDREN FIVE AND UNDER FREE**

**CALL THE SHUL OFFICE BY JUNE 22 TO RESERVE YOUR SPOT--847.676.0491 OR**  
**EMAIL: OFFICE@LJCAGBI.ORG**



## May-June 2025 Calendar of Events

Thursday, May 1	Yom HaAtzma'ut
Sunday, May 12	Pesach Sheini
Friday, May 16	Lag BaOmer
Monday, May 26	Yom Yerushalayim/Memorial Day
Wednesday, May 28	Rosh Chodesh Sivan
Sunday, June 1	Erev Shavuot
Monday, June 2	Shavuot- Day 1
Tuesday, June 3	Shavuot- Day 2
Wednesday, June 18	Annual Meeting
Thursday, June 26	Rosh Chodesh Tammuz Day 1
Friday, June 27	Rosh Chodesh Tammuz- Day 2



**THURSDAY NIGHT  
MEN'S MISHMAR**

**THURSDAY NIGHTS AFTER MAARIV**

**MAY 1, 8, 22, 29**  
**JUNE 5, 12, 19, 26**

**LJC  
AGBI**

## Schedule for Services &

MAY 2025/IYAR-SIVAN 5785						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
<b>KEY:</b> S - Shacharit M - Maariv M/M - Mincha/Maariv CL - Candle Lighting H – Havdalah				1 <b>YOM HAATZMA'UT</b> S: 7:00am M/M: 7:30pm	2 S: 7:00am CL: 7:32pm M/M: 7:10pm	3 <b>TAZRIA-METZORA</b> S: 9:15am M/M: 7:25pm H: 8:33pm
4 S: 8:30am M/M: 7:40pm	5 S: 7:00am M/M: 7:40pm	6 S: 7:00am M/M: 7:40pm	7 S: 7:00am M/M: 7:40pm	8 S: 7:00am M/M: 7:40pm	9 S: 7:00am CL: 7:40pm M/M: 7:10pm	10 <b>ACHAREI-KEDOSHIM</b> S: 9:15am M/M: 7:35pm H: 8:41pm
11 S: 8:30am M/M: 7:45pm	12 S: 7:00am M/M: 7:45pm	13 S: 7:00am M/M: 7:45pm	14 S: 7:00am M/M: 7:45pm	15 S: 7:00am M/M: 7:45pm	16 <b>LAG BA'OMER</b> S: 7:00am CL: 7:47pm M/M: 7:10pm	17 <b>EMOR</b> S: 9:15am M/M: 7:40pm H: 8:48pm
18 S: 8:30am M/M: 7:55pm	19 S: 7:00am M/M: 7:55pm	20 S: 7:00am M/M: 7:55pm	21 S: 7:00am M/M: 7:55pm	22 S: 7:00am M/M: 7:55pm	23 S: 7:00am CL: 7:53pm M/M: 7:10pm	24 <b>BEHAR-BECHUKOTAI</b> S: 9:15am M/M: 7:50pm H: 8:54pm
25 S: 8:30am M/M: 8:00pm	26 <b>YOM YERUSHALAYIM Memorial Day</b> S: 8:30am M/M: 8:00pm	27 S: 7:00am M/M: 8:00pm	28 <b>ROSH CHODESH SIVAN</b> S: 7:00am M/M: 8:00pm	29 S: 7:00am M/M: 8:00pm	30 S: 7:00am CL: 7:59pm M/M: 7:10pm	31 <b>BAMIDBAR</b> S: 9:15am M/M: 7:55pm H: 9:00pm

Minyan times are subject to change. To confirm minyan time please check the shul website under the worship services tab or call/text Paul Kramer at 312.343.2200.



## Candlelighting Times

JUNE/SIVAN-TAMMUZ 5785						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
1 <b>EREV SHAVUOT</b> S: 8:30am CL: 8:01pm M/M: 8:05pm	2 <b>SHAVUOT-DAY 1</b> S: 9:15am M/M: 8:05pm CL: 9:02pm	3 <b>SHAVUOT-DAY 2</b> S: 9:15am M/M: 8:05pm H: 9:02pm	4 S: 7:00am M/M: 8:05pm	5 S: 7:00am M/M: 8:05pm	6 S: 7:00am CL: 8:04pm M/M: 7:20pm	7 <b>NASSO</b> S: 9:15am M/M: 8:00pm H: 9:05pm
8 S: 8:30am M/M: 8:10pm	9 S: 7:00am M/M: 8:10pm	10 S: 7:00am M/M: 8:10pm	11 S: 7:00am M/M: 8:10pm	12 S: 7:00am M/M: 8:10pm	13 S: 7:00am CL: 8:08pm M/M: 7:20pm	14 <b>BEHA'ALOSCHA</b> S: 9:15am M/M: 8:05pm H: 9:09pm
15 S: 8:30am M/M: 8:15pm	16 S: 7:00am M/M: 8:15pm	17 S: 7:00 am M/M: 8:15pm	18 S: 7:00am M/M: 8:15pm	19 S: 7:00am M/M: 8:15pm	20 S: 7:00am CL: 8:11pm M/M: 7:20pm	21 <b>SHELACH</b> S: 9:15am M/M: 8:05pm H: 9:11pm
22 S: 8:30am M/M: 8:15pm	23 S: 7:00am M/M: 8:15pm	24 S: 7:00am M/M: 8:15pm	25 S: 7:00am M/M: 8:15pm	26 <b>ROSH CHODESH TAMMUZ</b> S: 7:00am M/M: 8:15pm	27 <b>ROSH CHODESH TAMMUZ</b> S: 7:00am CL: 8:11pm M/M: 7:20pm	28 <b>KORACH</b> S: 9:15am M/M: 8:05pm H: 9:11pm
29 S: 8:30am M/M: 8:15pm	30 S: 7:00am M/M: 8:15pm					<b>KEY:</b> S - Shacharit M - Maariv M/M - Mincha/Maariv CL - Candle Lighting H - Havdalah

### ***Your presence is greatly needed: please attend***

Lincolnwood Jewish Congregation A G Beth Israel, our Shul, has always maintained two daily minyanim for Shacharit and for Mincha/Maariv (or just Maariv during the winter months). It continues to be difficult to guarantee that 10 men will be present for davening.

**Your help is urgently needed to ensure that a full minyan is present for everyone, especially those who have Yahrzeit or are in their year of mourning. Please attend whenever you are able.**

# Yasher Koach to the 2025 Lox Box Team

We would like to thank the following members and businesses that worked on and/or contributed to the success of this year's Lox Box:

## Donors

CIBC Bank-Lincolnwood Branch  
RepublicBank-Lincolnwood Branch  
Dr. David Marcus  
Dr. Elliot Baker  
Starr Kosher Catering  
Whole Foods  
Larry Brown  
Paul Kramer/New American Funding

Rob Chimberoff  
Henry Kalter  
Nicole Mazor  
Dov Steinberg  
Kevin Braude  
Kari Gutstein  
American Solutions for Business

## Saturday Night Packers

Marcia, Sarah & Paul Kramer  
Dan, & Kari Gutstein  
Norm & Bobbi Snitofsky  
Jeffrey & Edie Light  
Regine Meisel  
Rabbi Yehuda Meyers

Myron Moscovitch  
Michael Kirshner  
Steve Kramer  
Alex Goldstein  
Janice Thall

## 5:30 AM Sunday Packers

Rob Chimberoff  
Michael Kirshner (and Bagel pickup)  
Pesach Osina  
Paul Kramer  
Nicole Mazor

## Drivers and Runners

Sarah & Paul Kramer  
Marcia Kramer & Kai Gutstein  
Henry Kalter  
Benjamin Mazor & Olga Krapivner  
Mitchell Dayan  
Jeff Liebling  
Gary Goodman  
Doni & Ami Finkel

Max Panitch  
Aaron Goldman  
Regine Meisel  
Caleb Gutstein  
Kari Gutstein  
Nicole Mazor

**Special Thanks go to:** Chava Gutman & Janice Thall in the office Ryszard & Jadwiga for the set-up and cleanup, plus Michael Kirshner & Staff of Starr Kosher Catering. Please forgive me if I missed anyone.

Paul Kramer, Chair 2025 Lox Box Committee





# STATE OF ISRAEL Q&A

**IT CAN BE VERY CONFUSING TRYING TO MAKE SENSE  
OF THE DIFFERING RELIGIOUS PERSPECTIVES ON THE  
STATE OF ISRAEL.**

**JOIN US FOR A MEANINGFUL CONVERSATION ON THIS  
IMPORTANT TOPIC, SHABBAT MORNING, MAY 10TH.**

**SEND QUESTIONS IN ADVANCE TO [RABBI@LJCAGBI.ORG](mailto:RABBI@LJCAGBI.ORG).**

## *Heroes In Our Midst*

*Honoring the selfless members of the IDF*

**Shabbat morning, June 7th  
Yom Yerushalayim themed Kiddush  
Guest Speaker:  
Former IDF soldier Azi Feifel.**



**Sponsorship opportunities available- please contact the Shul office.**

**HELP SUPPORT THE FIDF @ [WWW.FIDF.ORG](http://WWW.FIDF.ORG)**



# Lag B'Omer BONFIRE

Torah  
Nigunim  
Fire

Thursday Night  
May 15th

After Mincha/Maariv

At the Dissen Home



*The Most*  
**FABULOUS**  
*Shin in Town!*

**FOR ABOUT WOMEN**

**Parshat Behar-Bechukotai**  
May 24  
**Kari Gutstein**

**Parshat Sh'lach**  
June 21  
**Marilyn Zeller**

TO SPONSOR A SHUR IN MEMORY OF A LOVED ONE, OR IN HONOR OF A SIMCHA PLEASE CONTACT THE SHUL OFFICE



# THE LADIES SEUDAT SHLISHT

At the  
home of  
Martha  
Meyers



Women's Monthly Summer Seudah Shlishit  
Parshat Tazria-Metzorah, May 2 @ 6pm  
Parshat Sh'lach, June 21st @ 6pm



# SUMMER SHABBAT AFTERNOON GEMARA SHIUR

JOIN US FOR A GEMARA SHIUR  
30 MINUTES BEFORE SHABBAT  
AFTERNOON MINCHA

BEGINNING SHABBAT, MAY 3RD





## From The Catering Department

When I look outside, it is finally the end of winter. This makes me happy, since I don't like winter.

I'm sure that when I was a kid I never disliked winter, but it's been a long time since winter was a favorite season for me. I love spring and even summer. Never has winter been a favorite time of the year. I can tolerate winter but never looked forward to it. I like the clothes we wear in the fall but that's about it.

I think most people like spring. There's something special about the budding of flowers, etc. that most people enjoy. I had a little poem I used to say at the beginning of spring. "It's spring it's spring, the bird is on the wing....my word, how absurd, the wing was on the bird." When I look outside my window, it's still cold. The first warm day of spring we all took off our coats off no matter how cold it still was. I think all kids get warm blooded on the first day of spring. Every kid takes off his or her outer jacket. No wonder, somehow we all seem to catch a cold on the first day of spring. All kids seem to believe that spring means warm weather. Spring has to be the loveliest time of the year, it has a smell all it's own.

I'm a warm weather person so I really look forward to not having to wear a jacket. I think that all everyone can't wait till they can go without a winter jacket. It must be contagious because we all seem to think alike at this time of year.

I live near the Lincolnwood school and I don't see any kid wearing a jacket, even if they're shaking with cold hands. They pretend that the weather has changed so they don't need their outer jackets, even though they may be shivering. Kids sure are funny.

And on that note.....Be well, and stay safe

Your friend,

Shirley Derdiger

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## Off the Subject

Dave Rosenberg recently made Aliyah to Israel and was still getting used to the new bureaucracy. One day, he received a very strongly worded "second notice" from the Israeli Tax Authority saying that his taxes were overdue. Dave ran down to the tax office, paid his bill and said apologetically that he must have accidentally overlooked the first notice.

"Oh," confided the tax collector with a smile, "the Israeli Tax Authority doesn't send out first notices. We have found that the second notices are more effective."

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An employee of the Maid of the Mist in Niagara Falls was trying to recruit a few more tourists to join their tour when he approached one fellow who was admiring the falls.

"Where are you from?" the employee asked.

"Israel," responded the man.

"I bet you don't have anything like this in Israel," said the employee.

"No, but my cousin Itzik is a plumber in Rishon LeTzion. He could fix this."

Pre-Shavuot

## LUNCH AND LEARN

@ Shallots Bistro



TUESDAY  
MAY 20  
12:30PM

**SPECIAL DISCOUNTED MENU  
FOR ALL PARTICIPANTS!**

NEW LUNCH MENU  
OPTIONS AVAILABLE!

PRIOR REGISTRATION  
NOT REQUIRED!

# We are making a Siyum!

IN HONOR OF SHAVUOT WE ARE COMPLETING THE TREI ASAR!

PLEASE GO TO [LJCAGBI.ORG/LEARNING/SIYUM](http://LJCAGBI.ORG/LEARNING/SIYUM)  
TO SIGN UP TO LEARN.

(IF YOU'RE FEELING BRAVE YOU CAN DELIVER A 2-MINUTE  
DVAR TORAH @ KIDDUSH ON THE FIRST DAY OF SHAVUOT, JUNE 2ND!)

Gala Siyum & Shiur by Regine Meisel

@ Kiddush, 2nd day of Shavuot, June 3.



**SHAVUOT NIGHT 2025**  
**DINNER, DESSERT,**  
**LEARNING & MORE!**

**ARTIFICIAL INTELLIGENCE**  
**IN**  
**JEWISH THOUGHT & LAW**

**GUEST SPEAKERS INCLUDE:**  
**JOSH BOWMAN, PHILADELPHIA**  
**RABBI JOEL GUTSTEIN, YEHUDA MOSHE**

**TUESDAY, JUNE 1ST**  
**7PM-11PM**

**NO COST!**  
**GENEROUSLY SPONSORED!**

**PLEASE REGISTER BY MAY 26TH @**  
**LJCAGBI.ORG/SHAVUOT 2025**  
**OR CALL 847.676.0491**



LJCAGBI & YEHUDA MOSHE  
PROUDLY PRESENT

WEST-LINCOLNWOOD COMMUNITY  
**SHAVUOT**  
ALL-NIGHT Torah Learning

June 1, 2025

SCHEDULE @ LJCAGBI:

7:00PM - LIGHT DINNER

7:35- SHIUR W/R' MEYERS

8:05- MINCHA

8:15- SHIUR W/JOSH BOWMAN

8:45- MA'ARIV

9:05- KIDDUSH, CHALLAH AND SOUP

9:40- SHIUR W/R' MEYERS

10:10- DESSERT

10:30- SHIUR W/R' JOEL GUTSTEIN

LEARNING CONTINUES @ CONG. YEHUDA MOSHE

12:00AM- SHIUR/R' YEHUDA MEYERS

1:00AM - 4:45AM - ALL NIGHT MISHMAR W R' GUTSTEIN  
AND R' WOLF

## *In Honor of Mother's Day*

### **Forever Grateful**

#### **“For You Are Mom”**

Dear Mom, I wish to share my gratitude,  
With humble hands, I'll craft my deeds,  
For every sacrifice, for love so pure,  
You've sown the seeds of hope in me.

May joy surround you in all your days,  
With me beside you, worries fade,  
I vow to cherish and uphold your grace,  
To be your strength, in every way.

Oh, Mom, how I long to express my thanks,  
To paint the world with all you've done,  
For all the warmth, the laughter, the love,  
In the story of my life, you are the sun.

Through trials faced and storms endured,  
Your wisdom lights the darkest night,  
With every hug, you've calmed my fears,  
In your embrace, the world feels right.

Your heart, a fortress, ever strong,  
Guiding me where I belong,  
In every lesson, every tear,  
You've built a life that I hold dear.

So here I stand, a grateful child,  
For all the moments, tender and wild,  
With every heartbeat, know this is true—  
Mom, my world begins and ends with you.

*Alex Goldstein*