

# Lincolnwood Jewish Congregation AG Beth Israel Bulletin



September-October 2023 Issue 5

## Inside this issue

Rabbi's Message	1,4
President's Perspective	2
Announcements	3
Calendar of Events	5
Schedule of Services	6,7

Rabbi: Yehuda Meyers

Rabbi Emeritus: Joel Lehrfield, PhD

## LJCAGBI Bulletin

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## Rabbi Meyers' Message

Growing up, I dreaded the High Holiday season. Superbly serious days of judgment, when I had to be on my absolute best behavior or else... They were frightening. Thankfully, over the years, my perspective of the Days of Awe has matured, but I am sure many of us still have similar feelings.

Rosh Hashanah and Yom Kippur are often viewed as solemn, somber almost morose days, marked by intense introspection and repentance. And it's true, they are serious days, but they're also days filled with excitement and opportunity. Each year, in His infinite kindness, G-d grants us the chance to start anew, to wipe the slate clean and begin afresh. This opportunity is not to be taken lightly; it comes with a profound responsibility. However, it's also tremendously exciting. This is why the Talmud states that Yom Kippur is one of the most joyous Yomim Tovim (holidays) of the year.

Both Rosh Hashanah and Yom Kippur highlight this serious and joyous dichotomy blend in a unique way. Rosh Hashanah doesn't just mark the passage of time. It's a time for us to recognize the gift of renewal and transformation. When we hear the powerful sound of the shofar, it's not a mournful cry but an invitation to embrace the newness of life. Rosh Hashanah is not about dwelling on past mistakes but about celebrating the potential for change and growth.

*Rabbi Meyer's Message—continued on page 4*

## President's Perspective

"HaMelech basadeh," The King is in the Field. This is our sense in the month of Elul. As the penitential season comes closer and we begin to introduce additions to our daily prayer, we feel an increasing closeness to the Divine. As we enter this season once again, let us all tread with humility and increased kindness.



Life in Diaspora gives us a sense of cognitive dissonance. We build our lives, make our routines, set and achieve goals. However, in the words of the esteemed poet, "My heart, my heart, is in the East." In our weekly reading of the Torah, we encounter our ancestors as they are led out of bondage to wander in the wilderness as they, and we, learn the laws governing our lives and our rituals.

This year, for our community of LJCAGBI, we also have reached a crossroad. We are now in a sense guests in our home of the last many decades, with an eye to finding a new home. In a microcosm, this is the age-old position of our people. It is nothing new for us to have a sense of unease, but we always maintain our optimism that our next step will be sure. I encourage you all to stay with us, continue to share your thoughts and prayers with us, and work with us as we embark on this next chapter in the life of our community.

I am humbled and honored to have been retained as President of the Shul for another term. Please forgive me when it seems I am not taking concerns seriously. It is the way I process information so I can give you the best response I can.

L'Shanah Tovah Tikateivu v'Tehateimu!

Dan Gutstein  
*President*

### **Succah Going Up & Coming Down**

*Helpers: Save the Dates*

Going up: Morning of September 10

Going down: Morning of October 15

Be a helper—contact Paul Kramer for more information 312.343.2200

### **Your presence is greatly needed: please attend**

Lincolnwood Jewish Congregation A G Beth Israel, our Shul, has always maintained two daily minyanim for Shacharit and for Mincha/Maariv (or just Maariv during the winter months). It continues to be difficult to guarantee that 10 men will be present for davening. **Your help is urgently needed to ensure that a full minyan is present for everyone, especially those who have Yahrzeit or are in their year of mourning. Please attend whenever you are able.**





## Announcements

### **Mazal Tov:**

To Chava & Mark Gutman on the birth of a grandson born to Ariella & Eric Gutman

To Phyllis Kaplan on the engagement of her son Mark to Meirav Kadosh

To Regine & Stuart Meisel on the birth of a grandson born to Rachel & Ariel Allon

To Regine & Stuart Meisel on the birth of a grandson born to Ariella & Yaakov Loew

To Regine & Stuart Meisel on the Bnei Mitzvah of their grandsons Avi & Eli

To Martha & Rabbi Yehuda Meyers on the birth of Koby, יעקב דוד

### **Condolences to the family of:**

Elsie Friedson Sandler

*Mother of Mitchell Sandler*

Larry Grika

*Brother of Joyce Sklar*

Estelle Kriv

Lester Don Schaffer

*Husband of Marla Schaffer*

Arthur Zeinfeld

### **Thanks to the Congregation:**

On behalf of my siblings and myself, I would like to thank my LJCAGBI family for the outpouring of support, sympathy and condolences following the passing of our mother. A special thanks to those who also attended Minyon and covered meals. I recently found a copy of my 1996 remarks as President on Rosh Hashana (my mother had saved a copy) and pleased to see that I felt the Shul family was an integral part of my family's life then, as I do now. Again, thank you all and we should celebrate only simchas in the future.

*Mitchell Sandler*

Please note that this bulletin is online at

[View Bulletin](#)

To print calendars, flyers or order forms, go to the bulletin page needed, and print the page(s) you would like. Perfect for refrigerator door decor.

**Thank you to CIBC for their sponsorship of this Bulletin**



Yom Kippur too is ripe with excitement. Beneath its external solemnity lies a profound sense of elation. Yom Kippur is a day for us to cleanse our souls, to shed the weight of our transgressions, and to approach life with renewed clarity. It's an opportunity to confront our mistakes and seek forgiveness, not with dread but with the hope of reconciliation and renewal.

The interplay between Rosh Hashanah and Yom Kippur creates the unique experience of the Jewish New Year. Rosh Hashanah reminds us that joy and excitement can coexist with serious introspection. It is a time that we celebrate the potential for positive change. Yom Kippur underscores the profound truth that solemnity and excitement are not mutually exclusive. The seriousness of the day doesn't dampen our spirits; it heightens our sense of purpose. We take the responsibility of seeking forgiveness seriously, but we do so with the excitement of a fresh start.

These days are not merely checkpoints on the calendar. They are opportunities to rewrite our stories, to mend our relationships, and to align ourselves with our true values. The excitement comes from the knowledge that we have the power to change, to grow, and to make amends.

So, this year, as Rosh Hashanah and Yom Kippur approach, may we embrace both the holiness and the happiness of these Days of Awe and may this be a year of renewal and growth for ourselves, our families, and our community.

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## **HIGH HOLIDAY PARKING NOTICE**

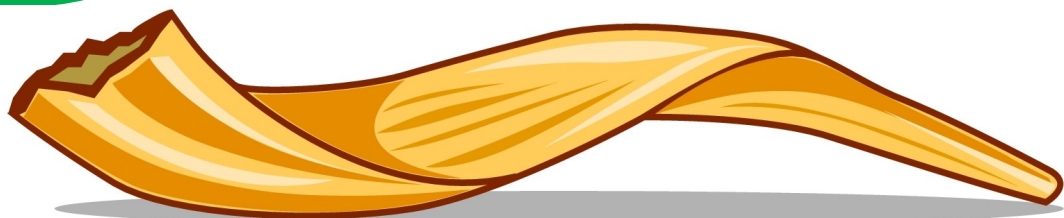
Please do not use the parking lots of local businesses during the High Holidays, including the lot on Touhy.

These businesses have been gracious not to tow away cars belonging to members and their families in the past, but their good will may not last forever. Let's be good neighbors.

## **HIGH HOLIDAY BABYSITTING/ YOUTH ACTIVITIES**

Babysitting will be offered in the playroom for children through age 5.

Hours will be 10am–12:30pm on both days of Rosh Hashanah and on Yom Kippur as well as during Kol Nidre and Neilah.



## September/October 2023 Calendar of Events

Monday, September 4	Labor Day
Friday, September 15	Erev Rosh Hoshana
Saturday, September 16	Rosh Hoshana- Day 1
Sunday, September 17	Rosh Hoshana- Day 2
Monday, September 18	Fast of Gedalyah
Sunday, September 24	Erev Yom Kippur
Monday, September 25	Yom Kippur
Friday, September 29	Erev Succot
Saturday, September 30	Succot Day-1
Sunday, October 1	Succot Day-2
Monday, October 2-	
Friday, October 6	Chol Hamoed Succot
Friday, October 6	Hoshana Rabba
Saturday, October 7	Shemini Atzeret
Sunday, October 8	Simchat Torah
Sunday, October 15	Rosh Chodesh Cheshvan Day-1
Monday, October 16	Rosh Chodesh Cheshvan Day-2
Wednesday, October 18	Board of Directors Meeting

*Come have a L'Chaim and socialize with us on Shabbat after davening. Everyone is welcome. Our libations are not funded by the shul; therefore consider making a donation to the "Kiddush Club". We would like to thank the following congregants for their recent contributions to our fund:*

*Eileen & Marc Feder*

*Yael & Alan Groner*

*Arlene & Larry Miller*

*Sandy Minkus*

*Anna & Myron Moscovitch*

*Mitchell Sandler*

*Kari & Dan Gutstein*

*Renie & Michael Schreiber*

*To contribute, please send a check to the office labeled "Kiddush Club".*

*Join us in a L'Chaim this Shabbat!*



# Schedule for Daily/Shabbat/Holiday

<b>SEPTEMBER 2023/ELUL 5783-TISHREI 5784</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Shabbat</b>
<b>Key:</b> S – Shacharit M- Maariv M/M- Mincha/Maariv CL – Candle Lighting H- Havdalah					1 S: 7:00am CL: 7:06pm M/M: 7:09pm	2 <b>KI TAVO</b> S: 9:00am M/M: 6:55pm H: 8:05pm
3 S: 8:30am M/M: 7:05pm	4 S: 8:30am M/M: 7:05pm	5 S: 7:00am M/M: 6:40pm	6 S: 7:00am M/M: 7:05pm	7 S: 7:00am M/M: 7:05pm	8 S: 7:00am CL: 6:54pm M/M: 6:57pm	9 <b>NITZAVIM-                      VAYELECH</b> S: 9:00am M/M: 6:45pm H: 7:53pm
10 S: 8:00am M/M: 6:50pm	11 S: 7:00am M/M: 6:50pm	12 S: 7:00am M/M: 6:50pm	<b>13</b> S: 7:00am M/M: 6:50pm	14 S: 7:00am M/M: 6:50pm	15 <b>EREV ROSH                      HASHANAH</b> S: 7:00am CL: 6:42pm M/M: 6:45pm	16 <b>ROSH                      HASHANAH-                      DAY 1</b> S: 8:45am M/M: 6:35pm CL: 7:42pm
17 <b>ROSH                      HASHANAH                      DAY-2</b> S: 8:45am M/M: 6:40pm H: 7:39pm	18 <b>FAST OF                      GEDALYAH</b> <b>Fast begins:</b> 5:10am S: 7:00am M/M: 6:30pm Ends: 7:29pm	19 S: 7:00am M/M: 6:35pm	<b>20</b> S: 7:00am M/M: 6:35pm	21 S: 7:00am M/M: 6:35pm	22 S: 7:00am CL: 6:30pm M/M: 6:33pm	23 <b>SHABBAT                      SHUVA                      HAAZINU</b> S: 9:00am M/M: 6:20pm H: 7:28pm
24 <b>EREV YOM                      KIPPUR</b> S: 8:30am Mincha: 2:00pm CL: 6:24pm Kol Nidre: 6:30pm	25 <b>YOM KIPPUR</b> S: 8:45am Mincha: 5pm Neilah: 6:15pm H: 7:25pm	26 S: 6:55am M/M: 6:25pm	27 S: 7:00am M/M: 6:25pm	28 S: 7:00am M/M: 6:25pm	29 <b>EREV                      SUKKOT</b> S: 7:00am CL: 6:18pm M/M: 6:21pm	30 <b>SUKKOT-DAY 1</b> S: 9:00am M/M: 6:10pm CL: 7:17pm

# Services & Candlelighting Times

<b>OCTOBER 2023/TISHREI-CHESHVAN 5784</b>						
<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Shabbat</b>
1 <b>SUKKOT-DAY 2</b> S: 9:00am M/M: 6:20 pm H: 7:15pm	2 <b>CHOL HAMOED</b> S: 7:00am M/M: 6:15pm	3 <b>CHOL HAMOED</b> S: 7:00am M/M: 6:15pm	4 <b>CHOL HAMOED</b> S: 7:00am M/M: 6:15pm	5 <b>CHOL HAMOED</b> S: 7:00am M/M: 6:15pm	6 <b>CHOL HAMOED HOSHANA RABBAH</b> S: 7:00am CL: 6:06pm M/M: 6:10pm	7 <b>SHEMINI ATZERET</b> S: 9:00am M/M: 6:00pm H/CL: 7:04pm HAKAFOT
8 <b>SIMCHAT TORAH</b> S: 9:00am <b>HAKAFOT</b> M/M: 6:10pm H: 7:03pm	9 S: 7:00am M 7:30pm	10 S: 7:00am M 7:30pm	11 S: 7:00am M 7:30pm	12 S: 7:00am M 7:30pm	13 S: 7:00am CL: 5:54pm M/M: 5:57pm	14 <b>BEREISHIT</b> S: 9:00am M/M: 5:45pm H: 6:53pm
15 <b>ROSH CHODESH DAY-1</b> S: 8:30am M/M: 5:55pm	16 <b>ROSH CHODESH DAY-2</b> S: 6:45am M: 7:30pm	17 S: 7:00am M: 7:30pm	18 S: 7:00am M: 7:30pm	19 S: 7:00am M: 7:30pm	20 S: 7:00am CL: 5:43pm M/M: 5:46pm	21 <b>NOACH</b> S: 9:00am M/M: 5:35pm H: 6:42pm
22 S: 8:30am M/M: 5:45pm	23 S: 7:00am M: 7:30pm	24 S: 7:00am M: 7:30pm	25 S: 7:00am M: 7:30pm	26 S: 7:00am M: 7:30pm	27 S: 7:00am CL: 5:33pm M/M: 5:36pm	28 <b>LECH LECHA</b> S: 9:00am M/M: 5:25pm H: 6:32pm
29 S: 8:30am M/M: 5:35pm	30 S: 7:00am M: 7:30pm	31 S: 7:00am M: 7:30pm				<b>KEY:</b> S - Shacharit M - Maariv M/M - Mincha/Maariv CL - Candle Lighting H – Havdalah

Minyan times are subject to change. To confirm minyan time please check the shul website under the worship services tab or call/text Paul Kramer at 312.343.2200.



Sukkot will be here before you know it!!

Enhance your holiday with a Lulav & Etrog set from LJCAGBI

Purchase your set for \$60. Deadline for orders is September 14. Contact the office to place your order at 847.676.0491.

## Save the Date



## October 22nd

Join us for a tour of Lincolnwood's fire station followed by activities and lunch at Prosel park. This event is intended for young families or grandparents accompanying their young grandchildren.

The event is open to the local Jewish community in addition to shul members.

Please rsvp by contacting the office at 847.676.0491 or registering on the website.

## Please get your articles in for the shul bulletin

If you have a program, announcement or event, please get your information to the Shul *Bulletin* so everyone will know about it! Send your electronic submissions to the editor at: [bulletin@ljcagbi.org](mailto:bulletin@ljcagbi.org) or submit a hard copy to the Shul office before the deadline, **November/December 2023 issue, Monday, October 23, 2023**. All material is subject to approval by the Editor and may be modified for space or content. Inserts must also be approved by the Editor before inclusion in the *Bulletin*. Please call the Shul office at 847.676.0491 for further details.





## From the Catering Department

It seems to me that I just finished writing an article for the bulletin, but here we are again. Time just flies when you're having fun.

So far the summer has been like I remember the summers of long ago—hot, sunny & long. I grew up in an apartment. I didn't have a house until I got married, and not right away, either. But I never thought about it. My kids have never lived any other way but in a house.

When I think about it, sometimes, it seems like a miracle. Growing up, the only people that lived in houses, I thought, were the very wealthy. Everyone I knew that lived in a house seemed to be of that ilk. Growing up sure changes the way you think. And possibly the war, WWII, also changed the way people thought. In any event, I admit to living in a house and not an apartment. And we are not wealthy, merely average, like most people. I guess you'd call it growing up.

I remember, as a child, that when it got really hot outside, we would sometimes sleep on our back porch. We didn't have a car so sometimes we would take a streetcar to the lake and sit on the grass. It was really cooler near the water. Later on, after I was married, my in-laws lived in an apartment right at the lake and, of course, we would find it cool and convenient to visit. Once we moved into our house, it was air conditioned. How times have changed, for the better. But after living without such conveniences, I think we appreciate what we now have, even more. The summers are just as hot but we have the convenience we didn't have in the earlier years.

Though lots of things change, children are still kids and seem to do the same things kids always did and still do. They don't notice that it's hot until they come in for a cool drink. They even think it's not too hot, when it is. Now I've got a really good recipe for a great, easy to make dessert: It's even good for Pesach:

Ingredients:

1 pkg. (8 oz.) semi-sweet chocolate chips, 8 eggs (separated), 1/4 cup water, 1-1/2 tsp. vanilla, 2/3 cups sugar, 1-1/2 tsp. vanilla.

Heat chocolate/water in pan over very low heat, stirring till smooth. Stir in yolks, add vanilla. Beat whites in large bowl till foamy. Gradually beat in sugar till stiff peaks form (about 3 minutes). Stir a small amount into chocolate mix to lighten.

Fold chocolate mix into remaining whites. Pour about 4 cups into a greased pie pan. Chill remaining mix. Bake @ 350 degrees for 25 minutes or until set. Cool then chill one hour. Center will fall, forming a shell. Chill overnight or at least 3 hours. May be frozen. When frozen it will be like an ice cream pie. Otherwise, defrost in fridge. *Best dessert ever.*

Some household hints:

1. For a stopped drain: 2 Alka seltzer tablets + 1 cup vinegar...after 3 minutes, run hot water.
2. To remove a splinter: place a strip of scotch tape over it and pull it out.
3. Fold sheets into a rectangle the size of a pillowcase, then store in a pillow case. All will be together for linen changing day and will store well in a linen closet.

I don't have a particularly good singing voice, but I have a memory of lots of silly and sometimes naughty songs. I sing them for my grandkids and love to hear them laugh.

Shanah Tova,  
Shirley Derdiger

## Subject: Recall Notice

The Maker of all human beings (G\_D) is recalling all units manufactured, regardless of make or year, due to a serious defect in the primary and central component of the heart. This is due to a malfunction in the original prototype units code named Adam and Eve, resulting in the reproduction of the same defect in all subsequent units. This defect has been termed 'Subsequential Internal Non-Morality' or more commonly known as S.I.N., as it is primarily expressed. Some of the symptoms include:

1. Loss of direction
2. Foul vocal emissions
3. Amnesia of origin
4. Lack of peace and joy
5. Selfish or violent behavior
6. Depression or confusion in the mental component
7. Fearfulness
8. Idolatry
9. Rebellion

The Manufacturer, who is neither liable nor at fault for this defect, is providing factory-authorized repair and service free of charge to correct this defect. The Repair Technician has most generously offered to bear the entire burden of the staggering cost of these repairs. There is no additional fee required. The number to call for repair in all areas is: P-R-A-Y-E-R. Once connected, please upload your burden of SIN through the REPENTANCE procedure. Next, download ATONEMENT from the Repair Technician, into the heart component. No matter how big or small the S.I.N. defect is, the Repair Technician will replace it with:

1. Love
2. Joy
3. Peace
4. Patience
5. Kindness
6. Goodness
7. Faithfulness
8. Gentleness
9. Self control

Please see the operating manual. The B.I.B.L.E. (Believers' Instructions Before Leaving Earth) for further details on the use of these fixes.

*Reprinted from September/October 2019 LJAGBI Bulletin*



גמר חתימה טובה



## Off the Subject

One day a boy walked into a pharmacy and asked to use the phone. He dialed a number and said, “Mr. Brown, do you need a boy to mow your lawn and do your gardening?”

He listened, and then said, “Oh, you have a boy. Well, is he good? Oh, he is. Thank you.”

When the kid hung up, the pharmacist said, “Sorry you didn't get the job, son.”

“Oh, no, sir,” said the boy. “I've got the job.”

The pharmacist said, “But weren't you just on the phone asking for work?”

“No sir,” The boy answered, “I work for Mr. Brown. I was just checking up on myself!”

---

A nursery school teacher was delivering a station wagon full of kids home one day when a fire truck zoomed past. Sitting in the front seat of the fire truck was a Dalmatian dog.

The children began discussing the dog's duties.

“They use him to keep crowds back,” said one youngster.

“No,” said another, “he's just for good luck.”

A third child brought the argument to a close. “They use the dogs,” she said firmly, “to find the fire hydrants.”

---

This newlywed couple checked into a suite at the Watergate Hotel in Washington for their honeymoon. The bride was worried that the place might still be bugged, so she asked her husband to search the room thoroughly.

He looked behind the curtains, under the bed, in the closets, and finally under the rug... And there, beneath the rug, he found a mysterious disc with four screws. Using his Swiss army knife, he undid the screws and threw the disc out the window!

The following morning, as they were checking out, the hotel manager asked: “So how was your stay? How was the service? Was everything ok - any issues?”

The groom was suspicious. “Why are you asking me so many questions?”

“Well,” said the manager, “the suite under you complained that the chandelier fell on them!”

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A group of engineering professors boarded a plane on the way to an academic convention.

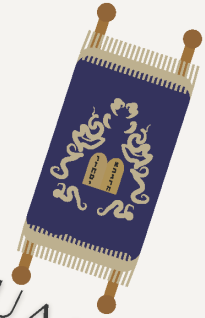
When the doors closed and the plane was about to take off, the professors were informed that the plane was made by their students. Immediately, all the professors rush toward the plane doors, trying to escape the plane before it could take off, with the exception of one professor who remained seated, completely calm.

Someone asked him why he was not escaping from the plane.

The Professor answered with confidence; “They are our students.”

The next question was: “So you are sure that you taught them well!?”

The Professor replied quietly: “I'm sure it won't fly.”



JOIN US FOR THE LJCAGBI ANNUAL

# SIMCHAT TORAH LUNCHEON

SUNDAY, OCTOBER 8, 2023

**Reservations are essential to attend.**

**Suggested donations to the Simchat Torah Luncheon Fund are \$150, but donations of any amount are appreciated. The monies collected are used for this luncheon and to offset costs for Shabbat Kiddushim throughout the year.**

## SIMCHAT TORAH LUNCHEON RESERVATION AND SPONSORSHIP

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

NUMBER ATTENDING: ADULTS \_\_\_\_ CHILDREN \_\_\_\_ HIGH CHAIRS \_\_\_\_

\_\_\_\_ I'M ATTENDING AND WILL BE A SPONSOR! ENCLOSED IS MY CHECK FOR \$150 OR \$ \_\_\_\_\_.

\_\_\_\_ I'M NOT ABLE TO ATTEND BUT WOULD LIKE TO BE A SPONSOR! ENCLOSED IS MY CHECK FOR \$150 OR \$ \_\_\_\_\_

\_\_\_\_ I'M NOT ABLE TO SPONSOR, BUT I WOULD LIKE TO ATTEND.

PLEASE SEND YOUR RESERVATION AND/OR CHECK PAYABLE TO LJCAGBI, 7117 N. CRAWFORD AVE, LINCOLNWOOD, IL 60712

**THE DEADLINE FOR RESERVATIONS IS MONDAY, OCTOBER 2. NO EXCEPTIONS.**

